

50° FTAL

ogni lustro il suo primato



FTAL

FEDERAZIONE
TICINESE
ATLETICA
LEGGERA

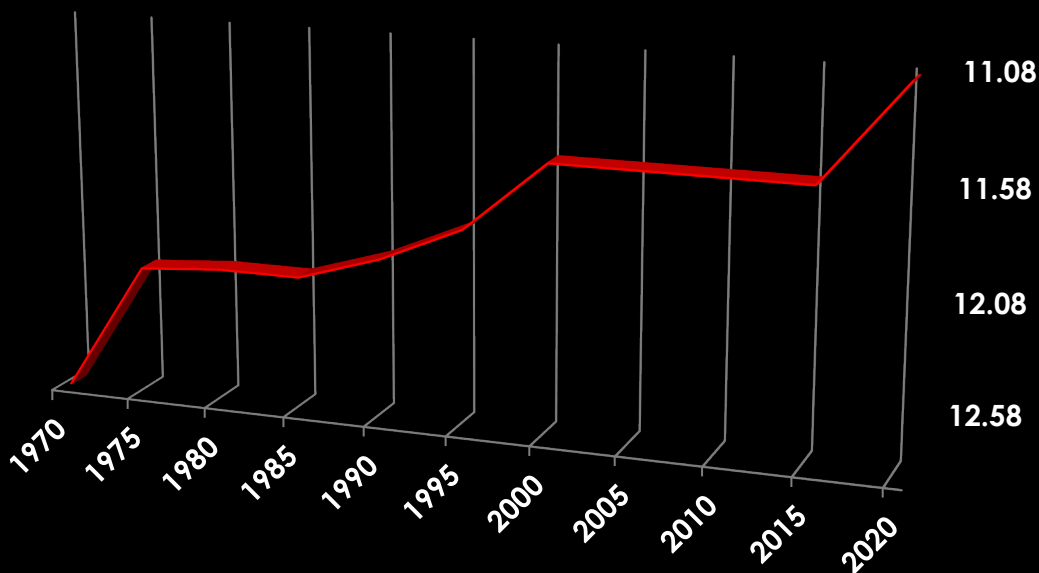
50°
1970
2020

50° FTAL femminile
ogni lustro il suo primato



FTAL
FEDERAZIONE
TICINESE
ATLETICA
LEGGERA / **50**[°]
1970
2020

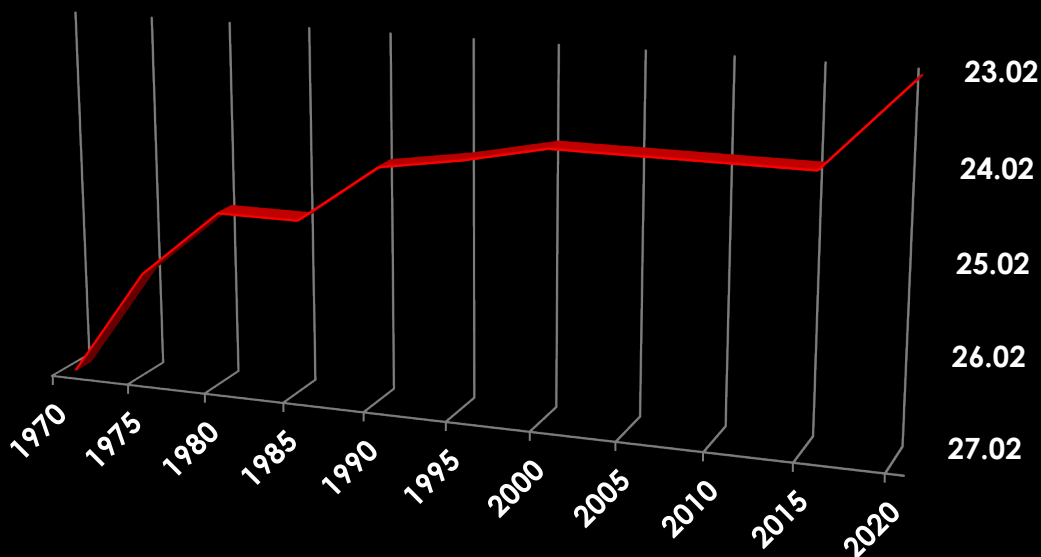
50° FTAL ogni lustro il suo primato



100m f

1970	12.8		Graziella GILARDI, 51	SAL Lugano	Zurigo	18.06.66
1975	12.2	1.0	Pierette STAERKLE, 58	SAM Massagno	Lugano	03.07.75
1980	12.2	0.0	Daniela COLLA, 58	SAL Lugano	Bellinzona	07.07.79
1985	12.17	0.0	Daniela COLLA, 58	SAL Lugano	Bellinzona	07.07.79
1990	12.05	1.4	Cristina SONDEREGGER, 72	VIS NOVA	Regensdorf	02.09.89
1995	11.88	-0.8	Paola OBERTI, 67	GAB Bellinzona	Bellinzona	26.06.93
2000	11.55	1.5	Bettina DELLA CORTE, 78	LCZ Zurigo	La Chaux-de-Fonds	15.08.99
2005	11.55	1.5	Bettina DELLA CORTE, 78	LCZ Zurigo	La Chaux-de-Fonds	15.08.99
2010	11.55	1.5	Bettina DELLA CORTE, 78	LCZ Zurigo	La Chaux-de-Fonds	15.08.99
2015	11.55	1.5	Bettina DELLA CORTE, 78	LCZ Zurigo	La Chaux-de-Fonds	15.08.99
2020	11.08	0.7	Ajla DEL PONTE, 96	USA Ascona	Bulle	11.07.20

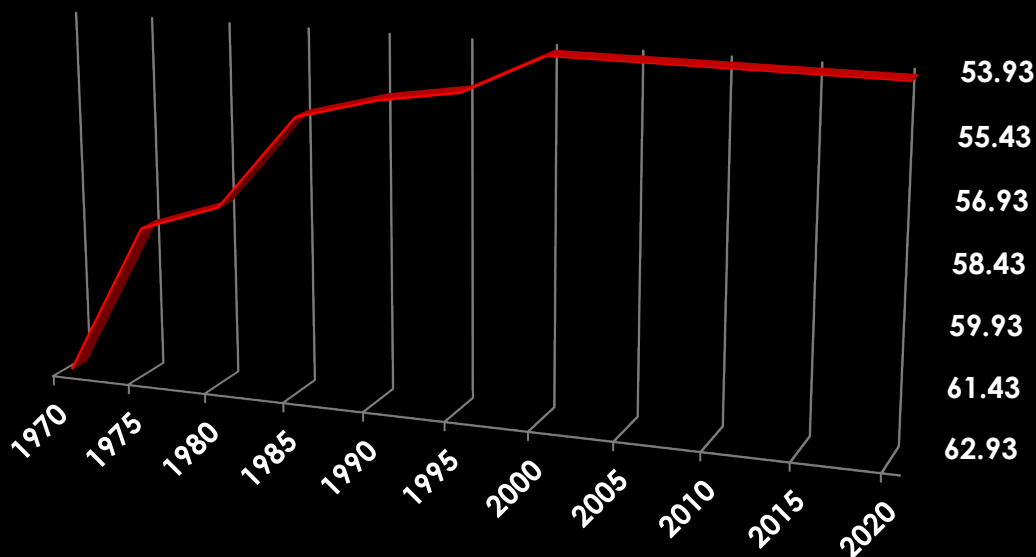
50° FTAL ogni lustro il suo primato



200m f

1970	27.1	Graziella GILARDI, 51	SAL Lugano	Berna	22.05.66
1975	25.8	Daniela FALCETTI, 55	SAB Bellinzona	Basilea	09.07.72
1980	25.0	0.0 Daniela COLLA, 58	SAL Lugano	Locarno	23.09.79
1985	25.02	0.0 Daniela COLLA, 58	SAL Lugano	Locarno	23.09.79
1990	24.35	0.5 Paola OBERTI, 67	GAB Bellinzona	Langenthal	12.08.90
1995	24.20	1.6 Paola OBERTI, 67	GAB Bellinzona	Winterthur	07.09.91
2000	24.00	-2.0 Bettina DELLA CORTE, 78	SAL Lugano	Meilen	29.08.98
2005	24.00	-2.0 Bettina DELLA CORTE, 78	SAL Lugano	Meilen	29.08.98
2010	24.00	-2.0 Bettina DELLA CORTE, 78	SAL Lugano	Meilen	29.08.98
2015	24.00	-2.0 Bettina DELLA CORTE, 78	SAL Lugano	Meilen	29.08.98
2020	23.02	0.8 Ajla DEL PONTE, 96	USA Ascona	Arnhem NED	18.07.20

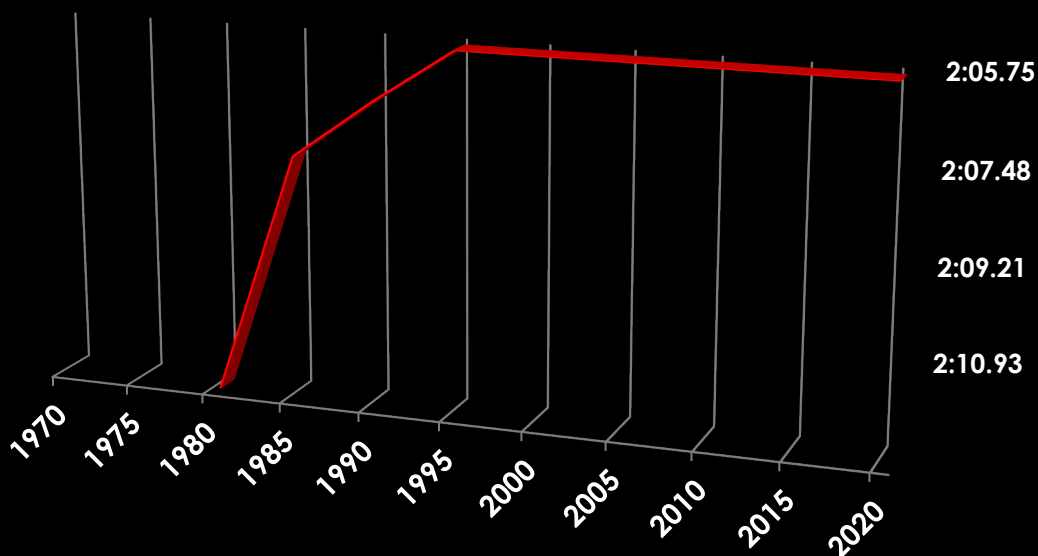
50° FTAL ogni lustro il suo primato



100m f

1970	62.9	Elena BALLERINI, 55	SAL Lugano	Lugano	23.07.70
1975	59.0	Tiziana SOLARI, 61	SFG Biasca	Praga	12.09.75
1980	58.3	Bruna GASPAROLI, 60	SAB Bellinzona	Bellinzona	15.07.78
1985	55.85	Cristina MORETTI, 63	VIRTUS Locarno	Biasca	06.09.85
1990	55.29	Cristina SONDEREGGER, 72	VIS NOVA Agarone	Losanna	02.09.90
1995	54.95	Cristina SONDEREGGER, 72	VIS NOVA Agarone	Losanna	10.07.91
2000	53.93	Nathalie ZAMBONI, 73	LCZ Zurigo	La Chaux-de-Fonds	13.08.00
2005	53.93	Nathalie ZAMBONI, 73	LCZ Zurigo	La Chaux-de-Fonds	13.08.00
2010	53.93	Nathalie ZAMBONI, 73	LCZ Zurigo	La Chaux-de-Fonds	13.08.00
2015	53.93	Nathalie ZAMBONI, 73	LCZ Zurigo	La Chaux-de-Fonds	13.08.00
2020	53.93	Nathalie ZAMBONI, 73	LCZ Zurigo	La Chaux-de-Fonds	13.08.00

50° FTAL ogni lustro il suo primato



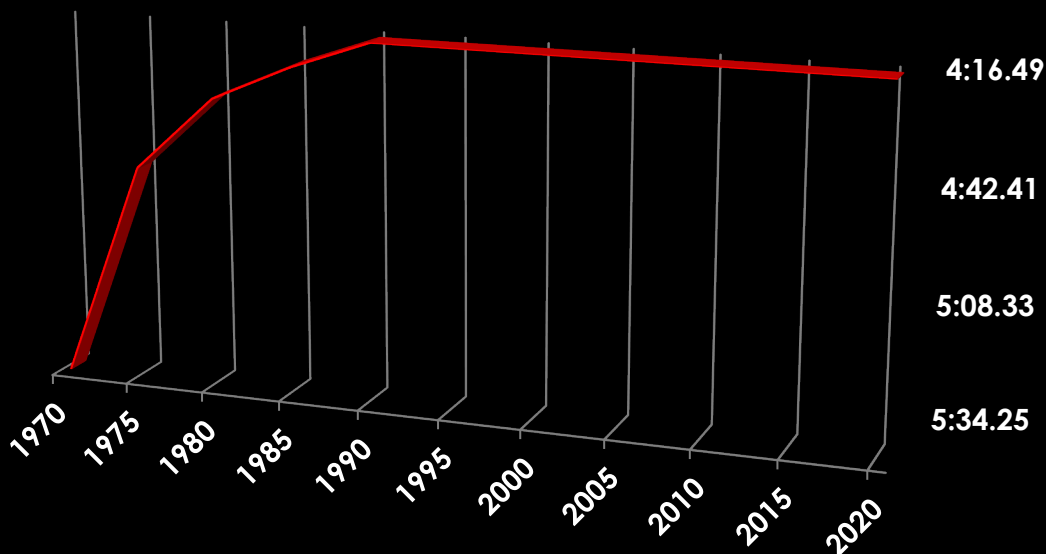
800m f

1970

1975

1980	2:12.5	Bruna GASPAROLI, 60	SAB Bellinzona	Brescia (I)	29.09.79
1985	2:07.91	Isabella MORETTI, 63	VIRTUS Locarno	Zurigo	21.08.85
1990	2:06.78	Isabella MORETTI, 63	VIRTUS Locarno	Meilen	09.07.89
1995	2:06.78	Isabella MORETTI, 63	VIRTUS Locarno	Meilen	09.07.89
2000	2:05.75	Marta ODUN, 74	VIGOR Ligornetto	Serravalle RSM	18.07.98
2005	2:05.75	Marta ODUN, 74	VIGOR Ligornetto	Serravalle RSM	18.07.98
2010	2:05.75	Marta ODUN, 74	VIGOR Ligornetto	Serravalle RSM	18.07.98
2015	2:05.75	Marta ODUN, 74	VIGOR Ligornetto	Serravalle RSM	18.07.98
2020	2:05.75	Marta ODUN, 74	VIGOR Ligornetto	Serravalle RSM	18.07.98

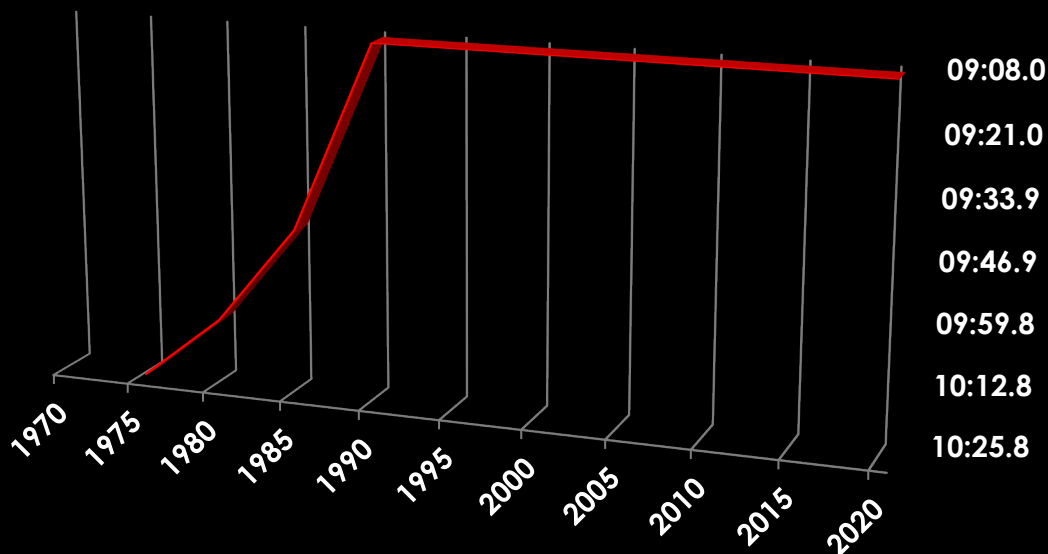
50° FTAL ogni lustro il suo primato



1'500m *f*

1970	5:40.5	Elena BALLERINI, 55	SAL Lugano	Locarno	13.09.70
1975	4:49.6	Valeria GEROSA, 60	SFG Chiasso	Milano (I)	19.06.75
1980	4:31.92	Bruna GASPAROLI, 60	SAB Bellinzona	Zugo	28.08.79
1985	4:23.38	Isabella MORETTI, 63	VIRTUS Locarno	Berna	16.08.85
1990	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
1995	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
2000	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
2005	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
2010	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
2015	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89
2020	4:16.49	Isabella MORETTI, 63	VIRTUS Locarno	Lucerna	24.06.89

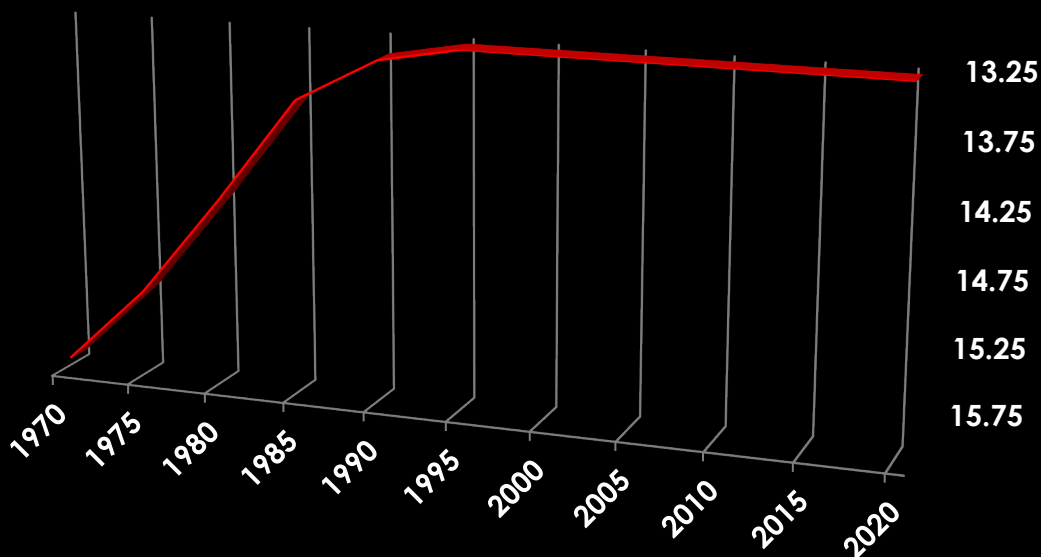
50° FTAL ogni lustro il suo primato



3'000m f

1970				
1975	10:25.0	Valeria GEROSA, 60	SFG Chiasso Milano (I)	12.07.75
1980	10:10.8	Bruna GASPAROLI, 60	SAB Bellinzona Rovereto (I)	16.09.79
1985	9:49.19	Isabella MORETTI, 63	VIRTUS Locarno Friburgo	07.09.85
1990	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
1995	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
2000	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
2005	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
2010	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
2015	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90
2020	9:08.00	Isabella MORETTI, 63	VIRTUS Locarno Ginevra	15.06.90

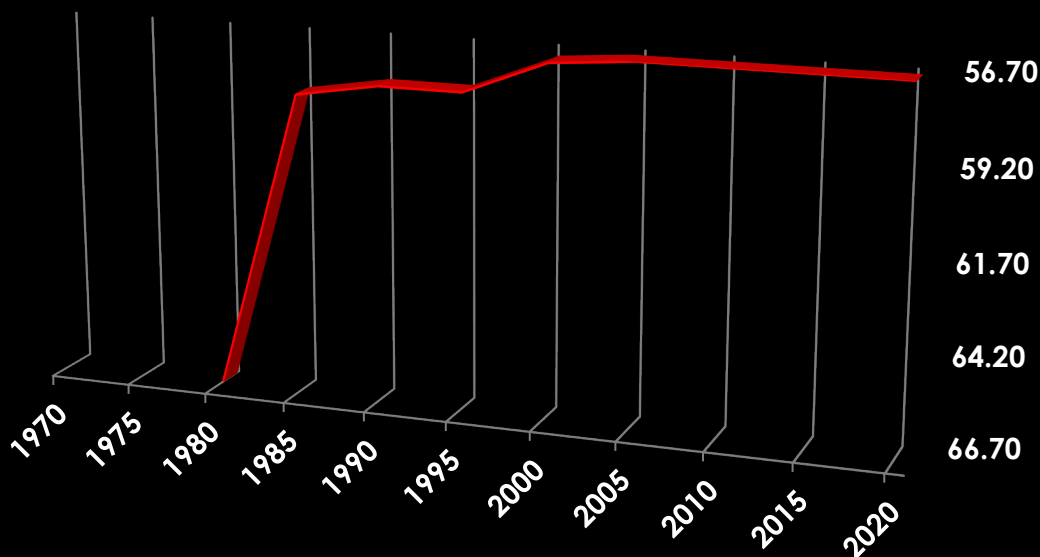
50° FTAL ogni lustro il suo primato



100 ost f

1970	15.9	Eliana CONCONI, 46	SAL Lugano	Lugano	23.07.70
1975	15.3	0.5 Daniela COLLA, 58	SAL Lugano	Lugano	13.06.75
1980	14.5	0.5 Daniela COLLA, 58	SAL Lugano	Zugo	12.08.79
1985	13.71	1.4 Cristina MORETTI, 63	VIRTUS Locarno	Zurigo	21.08.85
1990	13.37	1.8 Monica PELLEGRINELLI, 65	GAB Bellinzona	San Gallo	13.08.89
1995	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91
2000	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91
2005	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91
2010	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91
2015	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91
2020	13.25	2.0 Monica PELLEGRINELLI, 65	TV Unterstrass ZH	Olten	03.08.91

50° FTAL ogni lustro il suo primato



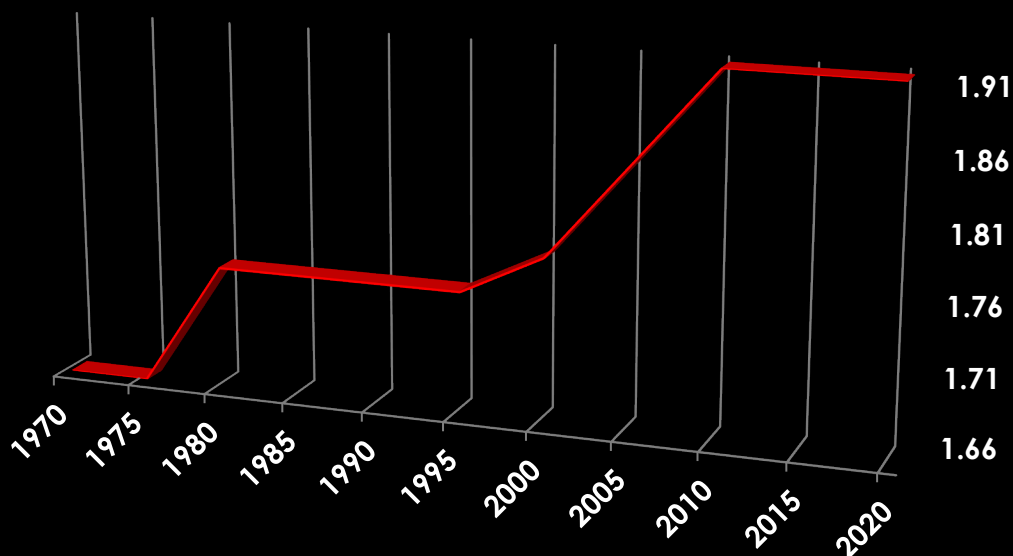
100 ost *f*

1970

1975

1980	66.52	Isabella MORETTI, 63	VIRTUS Locarno	Zurigo	21.07.79
1985	58.22	Cristina MORETTI, 63	VIRTUS Locarno	Berna	16.08.85
1990	57.83	Cristina MORETTI, 63	VIRTUS Locarno	Berna	08.08.87
1995	57.83	Cristina MORETTI, 63	VIRTUS Locarno	Berna	08.08.87
2000	56.89	Nathalie ZAMBONI, 73	LCZ Zurigo	Lugano	30.07.00
2005	56.70	Nathalie ZAMBONI, 73	LCZ Zurigo	Beijing CHN	30.08.01
2010	56.70	Nathalie ZAMBONI, 73	LCZ Zurigo	Beijing CHN	30.08.01
2015	56.70	Nathalie ZAMBONI, 73	LCZ Zurigo	Beijing CHN	30.08.01
2020	56.70	Nathalie ZAMBONI, 73	LCZ Zurigo	Beijing CHN	30.08.01

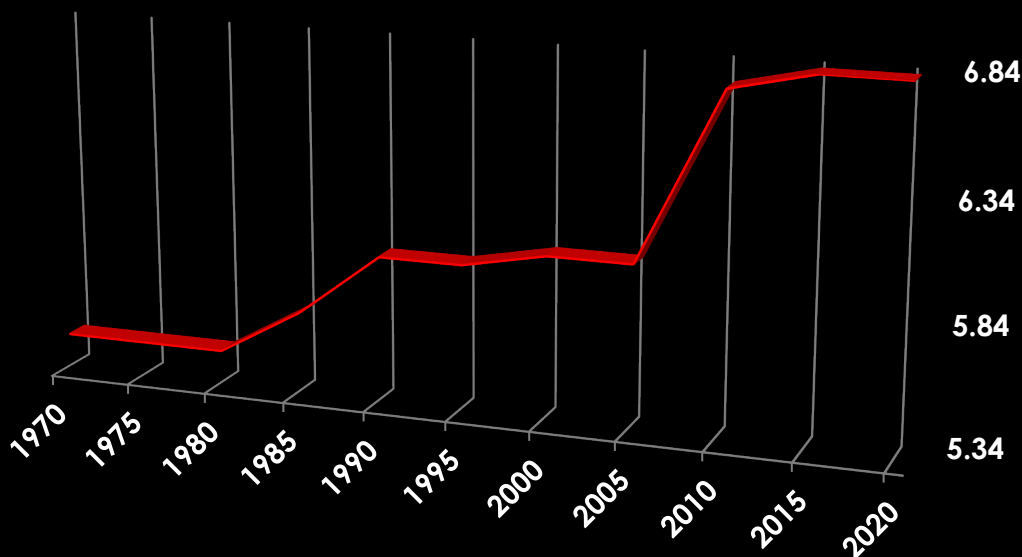
50° FTAL ogni lustro il suo primato



alto f

1970	1.66	Ilsebill PFENNING, 16	SAL Lugano	Lugano	27.07.41
1975	1.66	Ilsebill PFENNING, 16	SAL Lugano	Lugano	27.07.41
1980	1.75	Michela PURA, 61	VIRTUS Locarno	Locarno	13.07.80
1985	1.75	Michela PURA, 61	VIRTUS Locarno	Locarno	13.07.80
1990	1.75	Michela PURA, 61	VIRTUS Locarno	Locarno	13.07.80
1995	1.75	Michela PURA, 61	VIRTUS Locarno	Locarno	13.07.80
2000	1.78	Cinthia STEPHANI, 78	SFG Mendrisio	Lugano	09.05.98
2005	1.85	Beatrice LUNDMARK, 80	GAB Bellinzona	Milano (I)	18.06.05
2010	1.92	Beatrice LUNDMARK, 80	GAB Bellinzona	Barcellona (E)	30.07.10
2015	1.92	Beatrice LUNDMARK, 80	GAB Bellinzona	Barcellona (E)	30.07.10
2020	1.92	Beatrice LUNDMARK, 80	GAB Bellinzona	Barcellona (E)	30.07.10

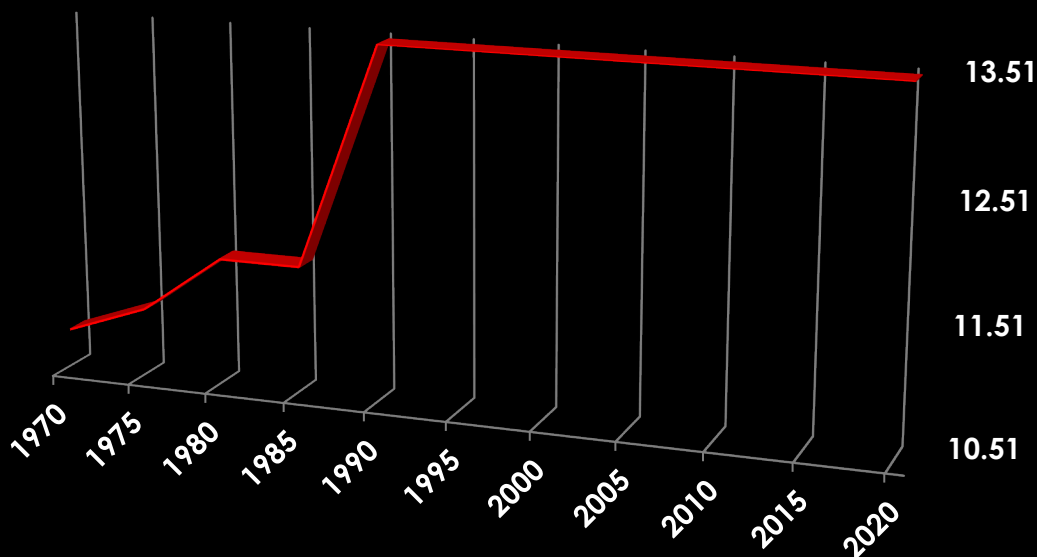
50° FTAL ogni lustro il suo primato



lungo f

1970	5.50	Leyla DE POL, 16	SAL Lugano	Basilea	24.08.41
1975	5.50	Leyla DE POL, 16	SAL Lugano	Basilea	24.08.41
1980	5.50	Leyla DE POL, 16	SAL Lugano	Basilea	24.08.41
1985	5.70	Sonia PIFFARETTI, 61	ASSPO Riva San Vitale	Meilen	02.07.83
1990	5.97	-0.9 Monica PELLEGRINELLI, 65	GAB Bellinzona	Dormagen	04.09.88
1995	5.97	-0.9 Monica PELLEGRINELLI, 65	GAB Bellinzona	Dormagen	04.09.88
2000	6.04	1.2 Laura IMBERTI, 80	SFG Chiasso	Rivera	04.06.00
2005	6.04	1.2 Laura IMBERTI, 80	SFG Chiasso	Rivera	04.06.00
2010	6.76	1.6 Irene PUSTERLA, 88	VIGOR Ligornetto	Lugano	17.07.10
2015	6.84	0.1 Irene PUSTERLA, 88	VIGOR Ligornetto	Chiasso	28.08.11
2020	6.84	0.1 Irene PUSTERLA, 88	VIGOR Ligornetto	Chiasso	28.08.11

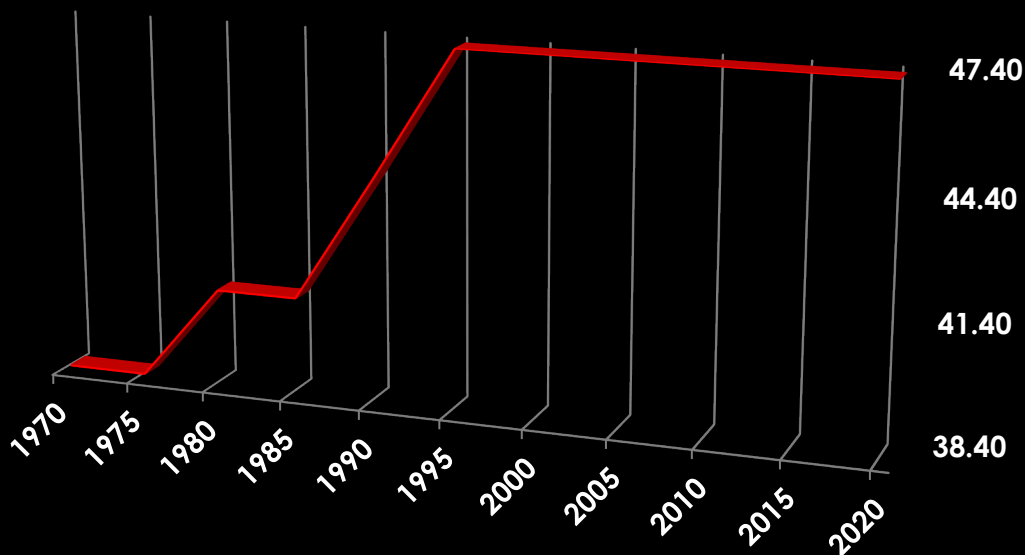
50° FTAL ogni lustro il suo primato



peso f

1970	10.87	Elena RUSCONI, 47	VIRTUS Locarno	Locarno	08.10.66
1975	11.12	Elena ROSSI, 57	SAB Bellinzona	San Gallo	06.09.75
1980	11.62	Elena ROSSI, 57	SAB Bellinzona	Lugano	11.09.76
1985	11.62	Elena ROSSI, 57	SAB Bellinzona	Lugano	11.09.76
1990	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
1995	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
2000	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
2005	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
2010	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
2015	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89
2020	13.51	Manuela MARIONI, 69	USA Ascona	Lugano	30.09.89

50° FTAL ogni lustro il suo primato



disco f

1970	38.50	Ursula MERCOLI, 48	VIRTUS Locarno	Locarno	20.06.70
1975	38.50	Ursula MERCOLI, 48	VIRTUS Locarno	Locarno	20.06.70
1980	40.90	Ursula MERCOLI, 48	VIRTUS Locarno	Naters	09.09.77
1985	40.90	Ursula MERCOLI, 48	VIRTUS Locarno	Naters	09.09.77
1990	44.10	Ornella GIULIERI, 64	TV Unterstrass ZH	San Gallo	28.08.88
1995	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92
2000	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92
2005	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92
2010	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92
2015	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92
2020	47.40	Ornella GIULIERI, 64	VIRTUS Locarno	Frauenfeld	27.06.92

50° FTAL maschile
ogni lustro il suo primato

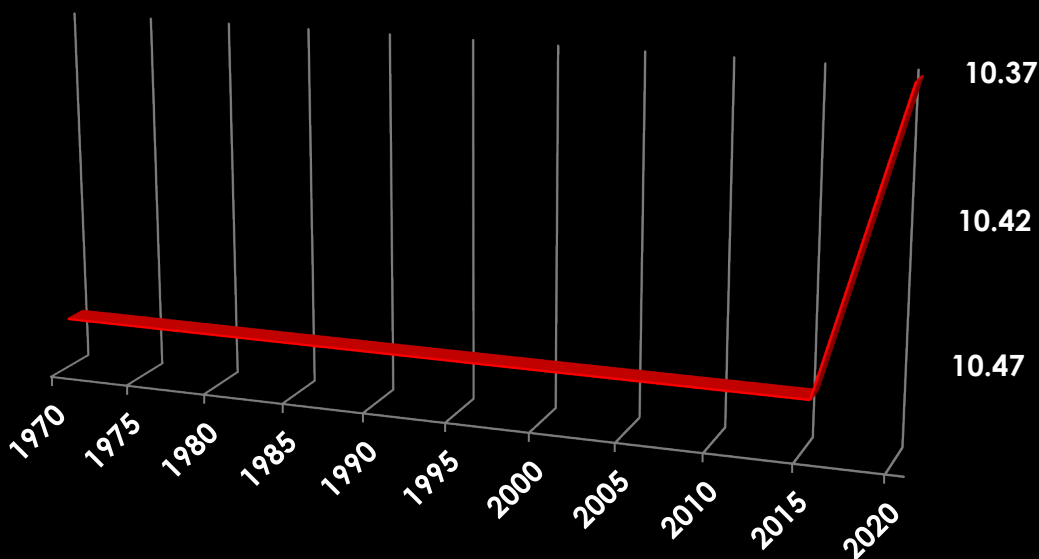


FTAL

FEDERAZIONE
TICINESE
ATLETICA
LEGGERA

50°
1970
2020

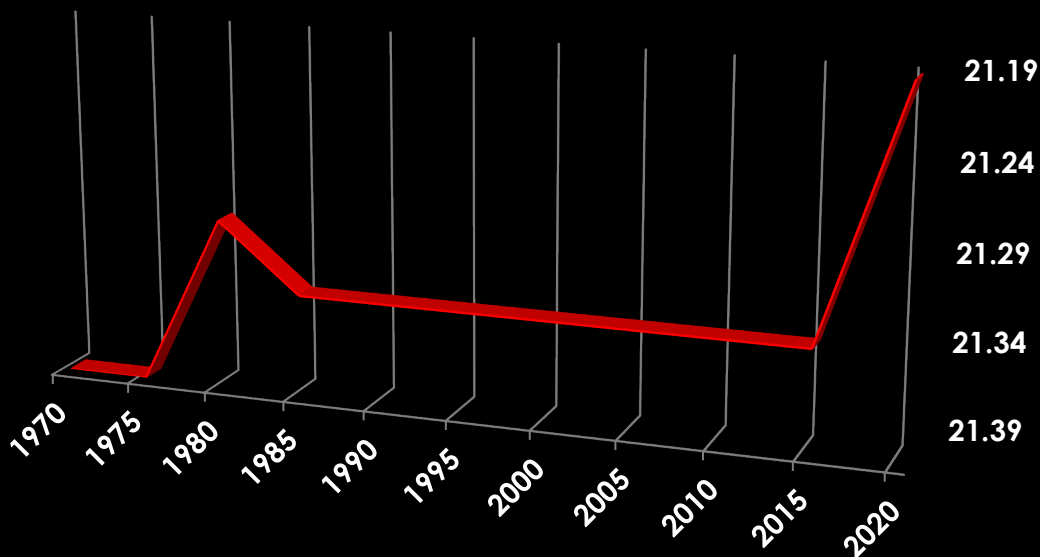
50° FTAL ogni lustro il suo primato



100m m

1970	10.5	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
1975	10.5	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
1980	10.5	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
1985	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
1990	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
1995	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
2000	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
2005	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
2010	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
2015	10.48	-1.3	Fabrizio PUSTERLA, 53	SFG Lugano	Zurigo	03.07.70
2020	10.37	+0.0	Ricky PETRUCCIANI, 00	LC Zürich	Regensdorf	08.08.20

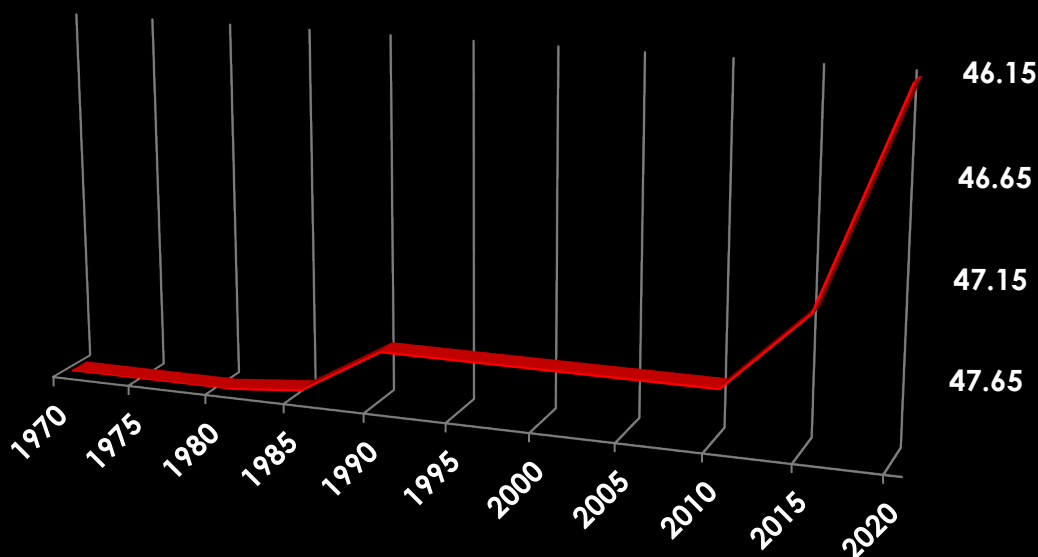
50° FTAL ogni lustro il suo primato



200m

1970	21.4	Fabrizio PUSTERLA, 53	SFG Lugano	Lugano	28.06.70
1975	21.4	Fabrizio PUSTERLA, 53	SFG Lugano	Lugano	28.06.70
1980	21.3	Fabrizio PUSTERLA, 53	SFG Lugano	Helsinki (SF)	30.06.71
1985	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
1990	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
1995	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
2000	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
2005	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
2010	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
2015	21.34	+1.7 Michele RUEFENACHT, 59	USA Ascona	Zugo	01.06.85
2020	21.19	+1.6 Ricky PETRUCCIANI, 00	LCZ Zurigo	Zofingen	19.05.18

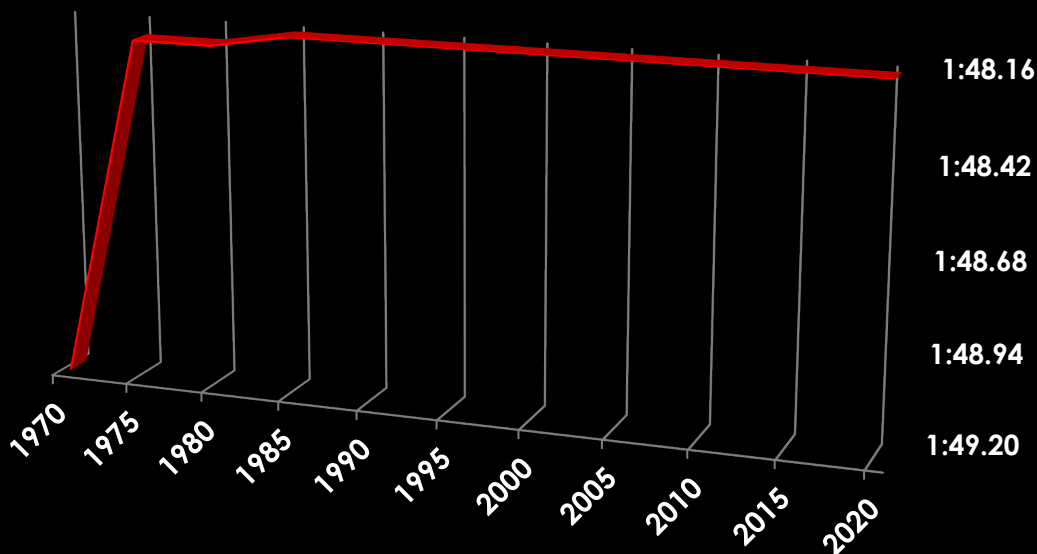
50° FTAL ogni lustro il suo primato



400m m

1970	48.0	Beat ERNST, 44	SAL Lugano	Zurigo	04.07.69
1975	48.0	Beat ERNST, 44	SAL Lugano	Zurigo	04.07.69
1980	48.0	Beat ERNST, 44	SAL Lugano	Zurigo	04.07.69
1985	47.96	Michele RUEFENACHT, 59	USA Ascona	Losanna	02.07.83
1990	47.71	Luca ROMERIO, 65	USA Ascona	Losanna	24.06.88
1995	47.71	Luca ROMERIO, 65	USA Ascona	Losanna	24.06.88
2000	47.71	Luca ROMERIO, 65	USA Ascona	Losanna	24.06.88
2005	47.71	Luca ROMERIO, 65	USA Ascona	Losanna	24.06.88
2010	47.71	Luca ROMERIO, 65	USA Ascona	Losanna	24.06.88
2015	47.29	Daniele ANGELELLA, 91	VIRTUS Locarno	Losanna	03.07.14
2020	46.15	Ricky PETRUCCIANI, 00	LCZ Zurigo	Bellinzona	15.09.20

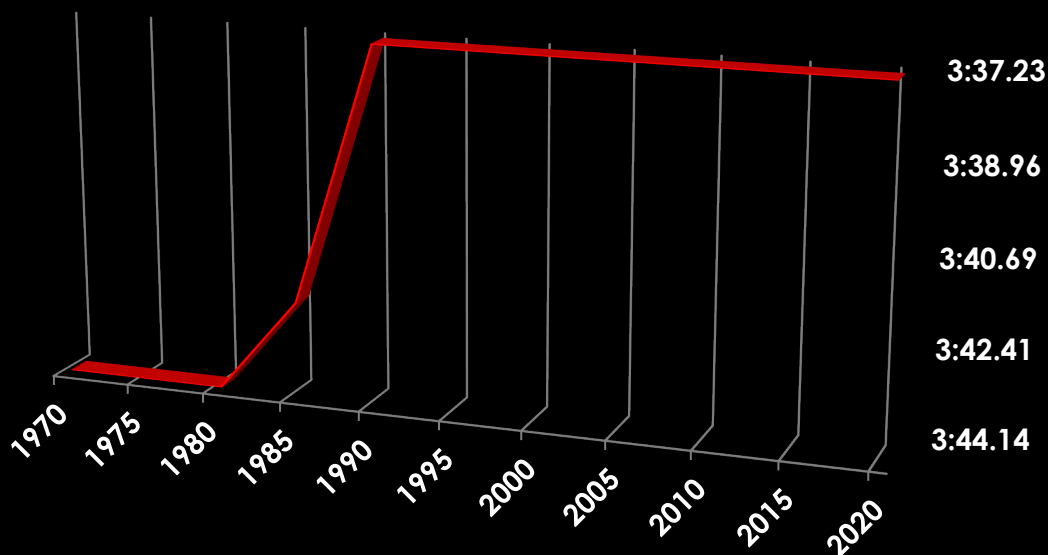
50° FTAL ogni lustro il suo primato



800m

1970	1:49.20	Gianpiero PELLI, 45	SAL Lugano	Zurigo	04.08.68
1975	1:48.20	Marco MONTALBETTI, 44	VIRTUS Locarno	Basilea	25.07.71
1980	1:48.20	Marco MONTALBETTI, 44	VIRTUS Locarno	Basilea	25.07.71
1985	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
1990	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
1995	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
2000	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
2005	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
2010	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
2015	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83
2020	1:48.16	Marco RAPP, 57	GAB Bellinzona	Meilen	02.07.83

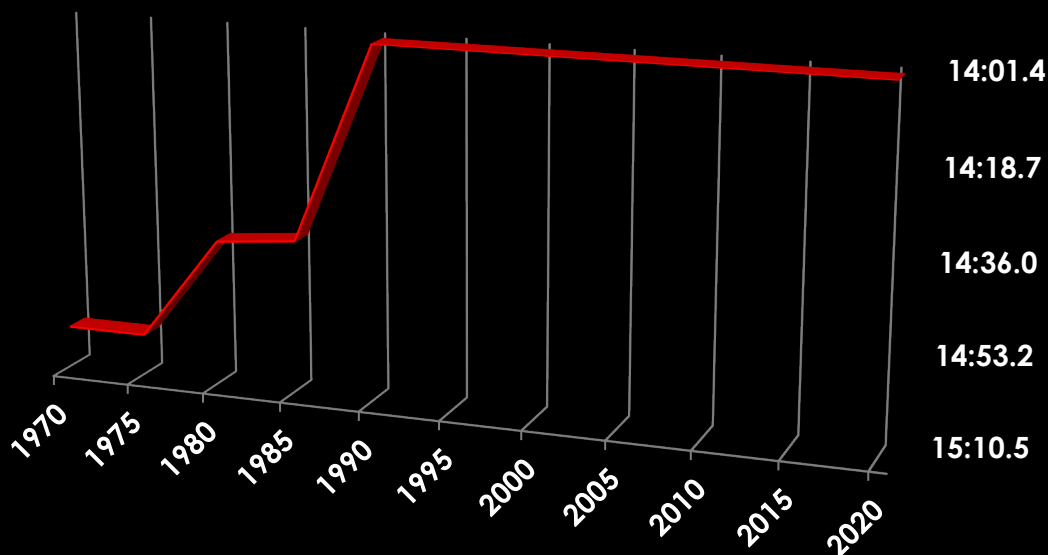
50° FTAL ogni lustro il suo primato



1'500m

1970	3:44.00	Roberto CURTI, 45	GGB Berna	Zurigo	04.07.69
1975	3:44.30	Roberto CURTI, 45	GGB Berna	Zurigo	04.07.69
1980	3:44.30	Roberto CURTI, 45	GGB Berna	Zurigo	04.07.69
1985	3:42.41	Marco RAPP, 57	GAB Bellinzona	Losanna	10.07.84
1990	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
1995	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
2000	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
2005	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
2010	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
2015	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88
2020	3:37.23	Marco RAPP, 57	GAB Bellinzona	Zurigo	17.08.88

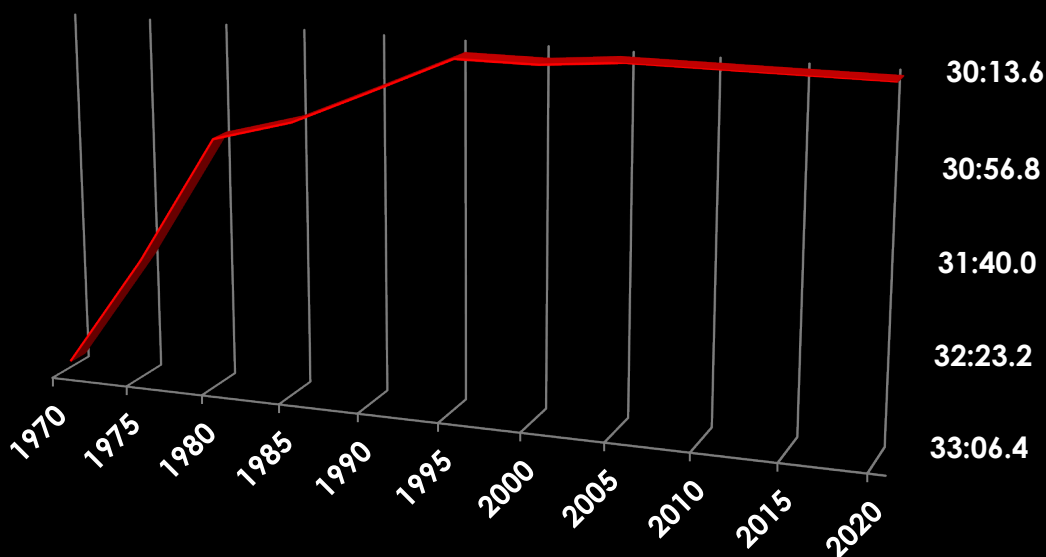
50° FTAL ogni lustro il suo primato



5'000m

1970	15:01.6	Roberto CURTI, 45	GGB Berna	Berna	10.08.69
1975	15:01.6	Roberto CURTI, 45	GGB Berna	Berna	10.08.69
1980	14:41.5	Bruno LANINI, 54	STB Berna	Bergamo (I)	27.09.80
1985	14:40.0	Claudio BIANCHI, 55	SAL Lugano	Bergamo (I)	24.09.83
1990	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
1995	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
2000	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
2005	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
2010	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
2015	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88
2020	14:01.4	Marco RAPP, 57	GAB Bellinzona	Bergamo (I)	01.07.88

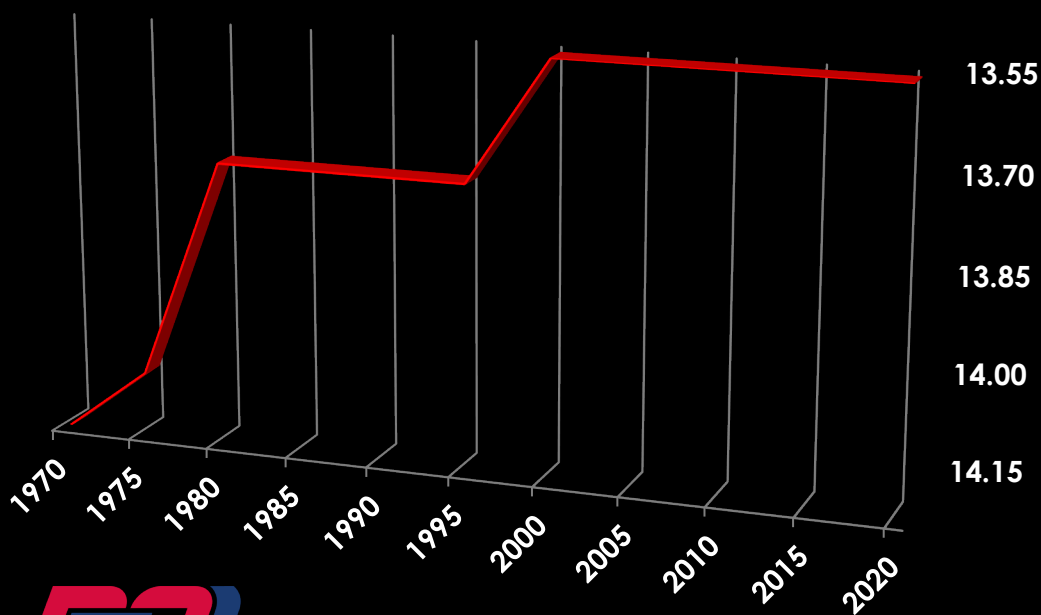
50° FTAL ogni lustro il suo primato



10'000m

1970	33:01.6	Pietro PEDRONI, 47	VIRTUS Locarno	Lugano	29.06.70
1975	32:06.6	Pietro PEDRONI, 47	VIRTUS Locarno	Lugano	26.06.71
1980	31:03.5	Bruno LANINI, 54	STB Berna	Milano	24.09.80
1985	30:52.56	Bruno LANINI, 54	STB Berna	Bellinzona	25.09.82
1990	30:35.07	Rocco TAMINELLI, 67	GAB Bellinzona	Martigny	19.09.90
1995	30:17.19	Rocco TAMINELLI, 67	GAB Bellinzona	Olten	02.08.91
2000	30:17.19	Rocco TAMINELLI, 67	GAB Bellinzona	Olten	02.08.91
2005	30:13.61	Ivan PONGELLI, 78	VIRTUS Locarno	Lugano	10.05.03
2010	30:13.61	Ivan PONGELLI, 78	VIRTUS Locarno	Lugano	10.05.03
2015	30:13.61	Ivan PONGELLI, 78	VIRTUS Locarno	Lugano	10.05.03
2020	30:13.61	Ivan PONGELLI, 78	VIRTUS Locarno	Lugano	10.05.03

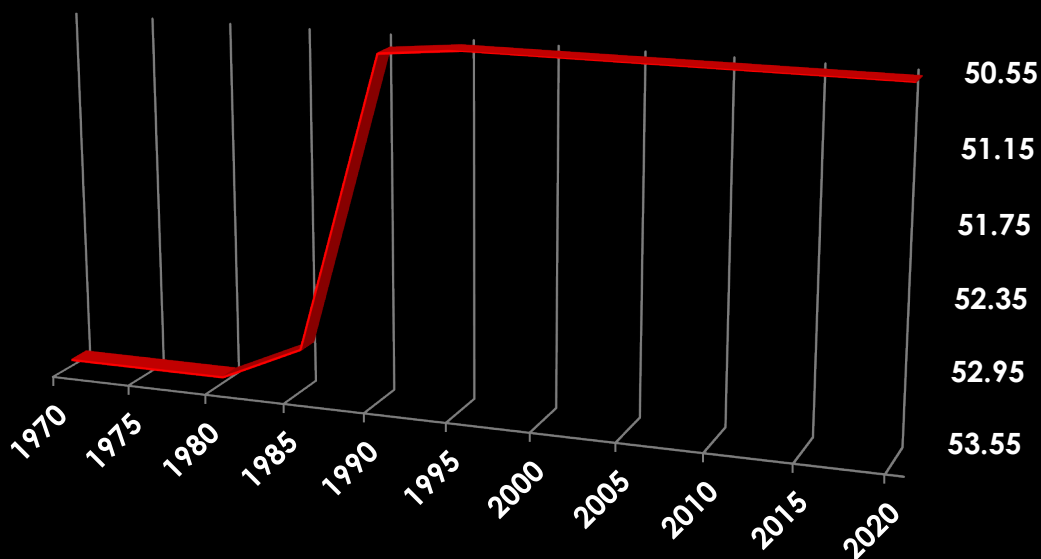
50° FTAL ogni lustro il suo primato



110 ost m

1970	14.2		Fiorenzo MARCHESI, 41	SAL Lugano	Friedrichshafen	31.08.68
1975	14.1	0.9	Roberto SCHNEIDER, 57	SAL Lugano	Berna	06.09.75
1980	13.8	1.5	Roberto SCHNEIDER, 57	LCZ Zurigo	Zurigo	23.09.78
1985	13.75	1.5	Roberto SCHNEIDER, 57	LCZ Zurigo	Zurigo	23.09.78
1990	13.75	1.5	Roberto SCHNEIDER, 57	LCZ Zurigo	Zurigo	23.09.78
1995	13.75	1.5	Roberto SCHNEIDER, 57	LCZ Zurigo	Zurigo	23.09.78
2000	13.55	1.7	Paolo DELLA SANTA, 73	GAB Bellinzona	Zofingen	12.06.00
2005	13.55	1.7	Paolo DELLA SANTA, 73	GAB Bellinzona	Zofingen	12.06.00
2010	13.55	1.7	Paolo DELLA SANTA, 73	GAB Bellinzona	Zofingen	12.06.00
2015	13.55	1.7	Paolo DELLA SANTA, 73	GAB Bellinzona	Zofingen	03.07.70
2020	13.55	1.7	Paolo DELLA SANTA, 73	GAB Bellinzona	Zofingen	12.06.00

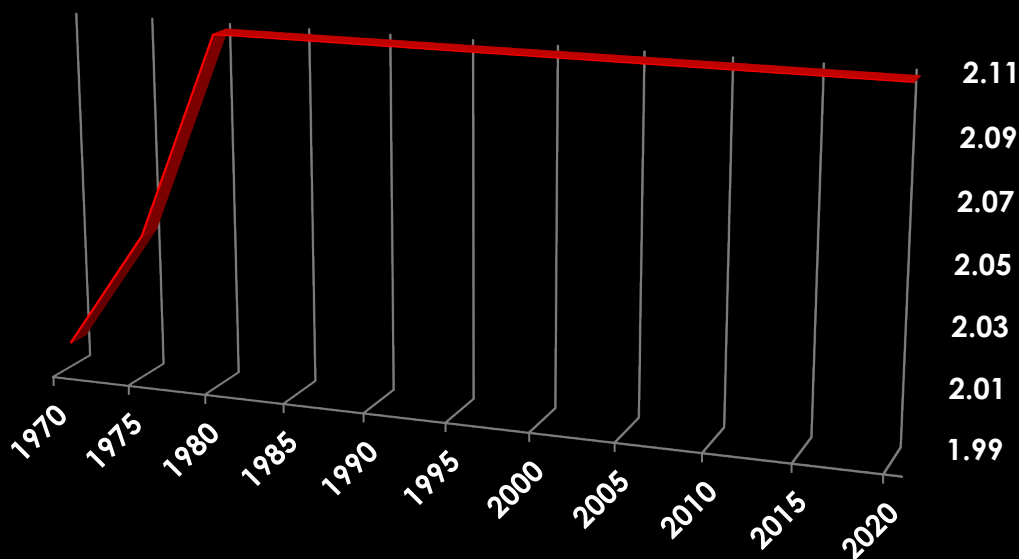
50° FTAL ogni lustro il suo primato



100 ost m

1970	53.50	Stelio CONCONI, 41	SAL Lugano	Zurigo	29.06.65
1975	53.50	Stelio CONCONI, 41	SAL Lugano	Zurigo	29.06.65
1980	53.50	Stelio CONCONI, 41	SAL Lugano	Zurigo	29.06.65
1985	53.18	Massimo BALESTRA, 65	GAB Bellinzona	Biasca	07.09.85
1990	50.62	Massimo BALESTRA, 65	GAB Bellinzona	Langenthal	12.08.90
1995	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91
2000	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91
2005	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91
2010	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91
2015	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91
2020	50.55	Massimo BALESTRA, 65	GAB Bellinzona	Olten	04.08.91

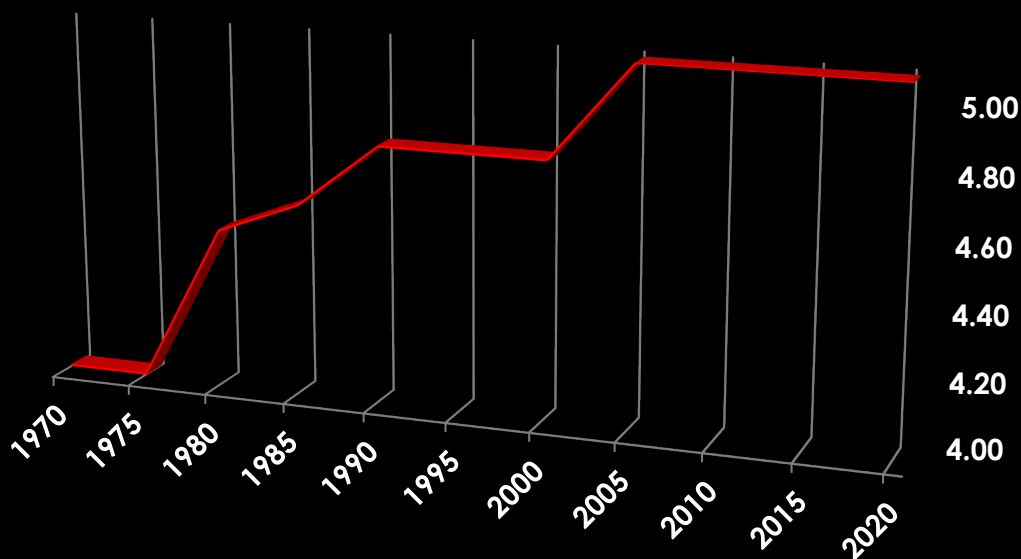
50° FTAL ogni lustro il suo primato



alto m

1970	2.00	Reto MORESI, 47	SFG Lugano	Como (I)	04.10.70
1975	2.04	Peter STAUFFER, 50	VIRTUS Locarno	Lugano	14.07.74
1980	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
1985	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
1990	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
1995	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
2000	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
2005	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
2010	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
2015	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77
2020	2.11	Plinio LUCONI, 55	USA Ascona	Bellinzona	11.09.77

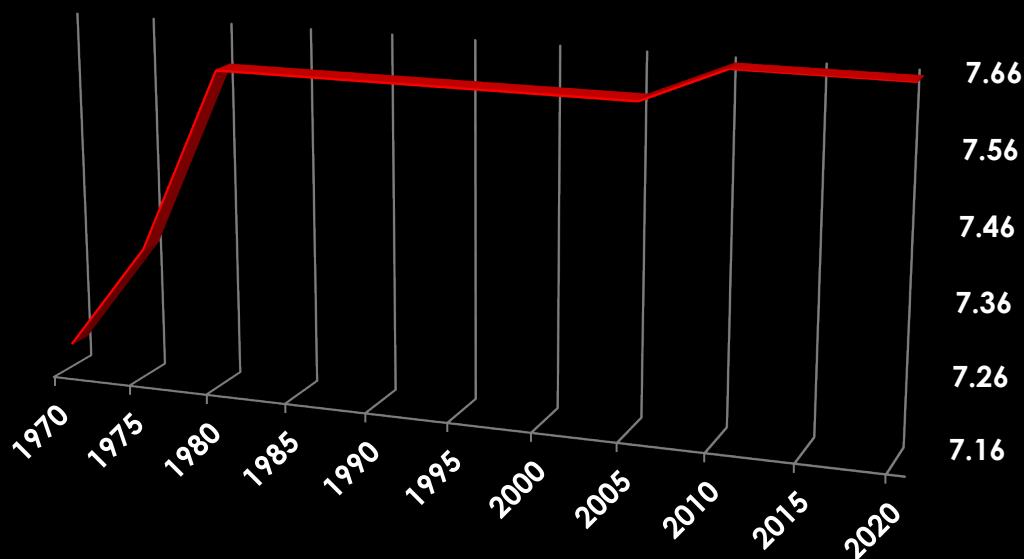
50° FTAL ogni lustro il suo primato



asta m

1970	4.02	Hans BREMER, 36	SFG Lugano	Ascona	20.07.68
1975	4.02	Hans BREMER, 36	SFG Lugano	Ascona	20.07.68
1980	4.50	Maurilio CASOLA, 62	VIRTUS Locarno	Locarno	30.08.80
1985	4.60	Michele RUEFENACHT, 59	USA Ascona	Zurigo	25.06.83
1990	4.80	Patrick VETTERLI, 61	USA Ascona	Winterthur	20.08.89
1995	4.80	Patrick VETTERLI, 61	USA Ascona	Winterthur	20.08.89
2000	4.80	Patrick TONASCIA, 71	LCZ Zurigo	Zugo	26.08.00
2005	5.10	Velibor KRSTIC, 82	USA Ascona	Tenero	22.09.01
2010	5.10	Velibor KRSTIC, 82	USA Ascona	Tenero	22.09.01
2015	5.10	Velibor KRSTIC, 82	USA Ascona	Tenero	22.09.01
2020	5.10	Velibor KRSTIC, 82	USA Ascona	Tenero	22.09.01

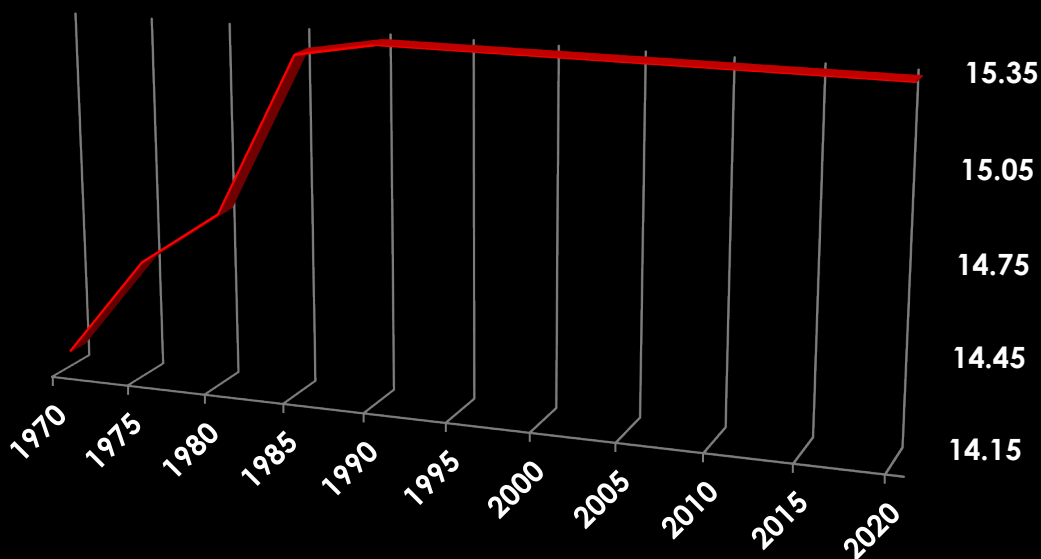
50° FTAL ogni lustro il suo primato



lungo m

1970	7.20		Carlo STANGA, 37	USA Ascona	Lugano	15.08.59
1975	7.35	0.1	Giorgio CEREGHETTI, 57	SAL Lugano	Berna	07.09.75
1980	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
1985	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
1990	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
1995	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
2000	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
2005	7.61	0.6	Pierino PAMPURI, 56	VIRTUS Locarno	Losanna	23.08.80
2010	7.66	0.2	Gregory BIANCHI, 89	Atlet. Pro Sesto	Chiasso	23.06.11
2015	7.66	0.2	Gregory BIANCHI, 89	Atlet. Pro Sesto	Chiasso	23.06.11
2020	7.66	0.2	Gregory BIANCHI, 89	Atlet. Pro Sesto	Chiasso	23.06.11

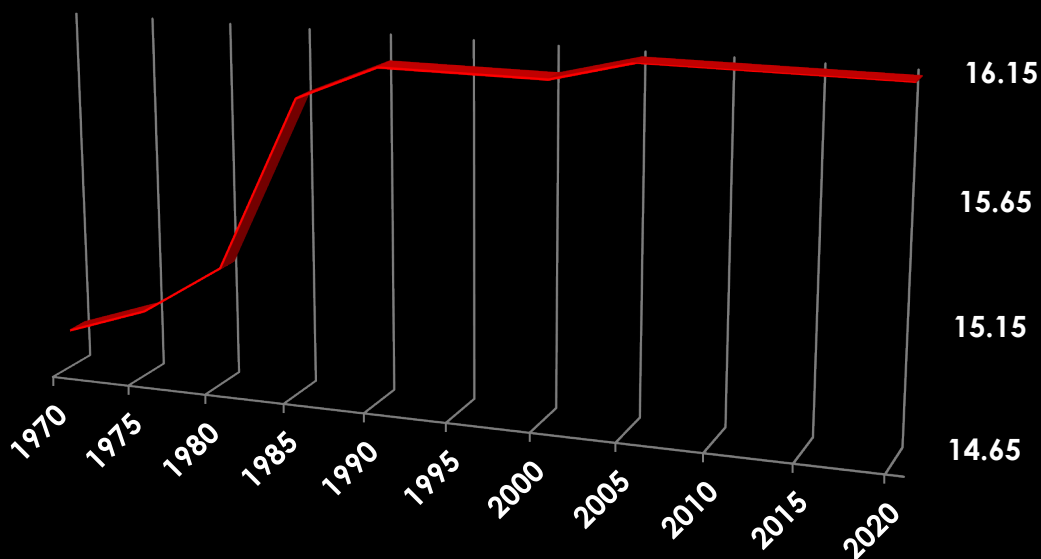
50° FTAL ogni lustro il suo primato



triplo m

1970	14.22	Ettore VANONI, 47	VIRTUS Locarno	Lugano	07.07.68
1975	14.56	Pierino PAMPURI, 56	VIRTUS Locarno	Ginevra	30.07.72
1980	14.75	-0.7 Pierino PAMPURI, 56	VIRTUS Locarno	Locarno	01.09.79
1985	15.30	1.0 Pierino PAMPURI, 56	VIRTUS Locarno	Locarno	01.06.85
1990	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
1995	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
2000	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
2005	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
2010	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
2015	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86
2020	15.35	0.9 Claudio PIFFARETTI, 64	ASSPO Riva San Vitale	Dongio	19.05.86

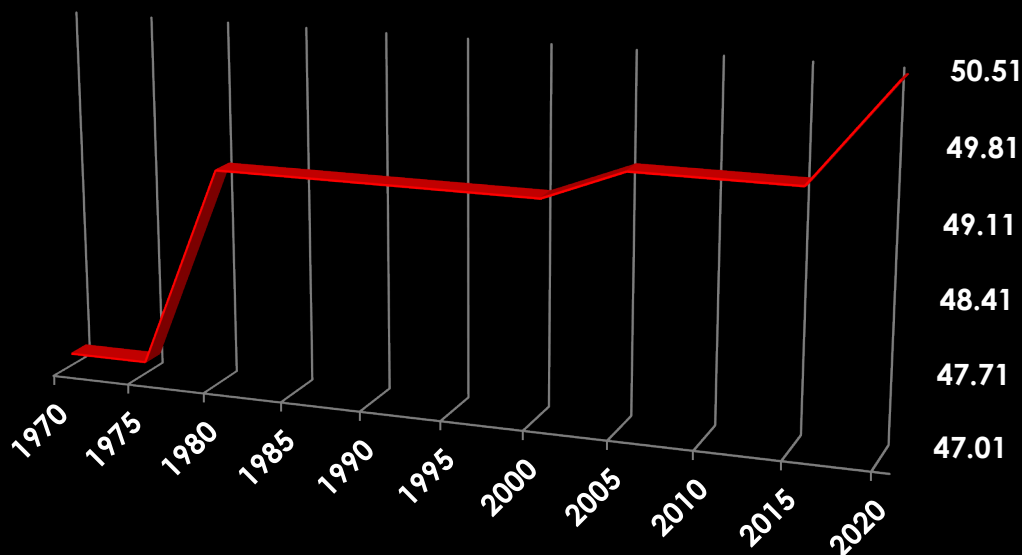
50° FTAL ogni lustro il suo primato



peso m

1970	14.83	Gioacchino LOSA, 43	VIRTUS Locarno	Locarno	11.06.69
1975	14.95	Peter GIOVANOLA, 49	USA Ascona	Lugano	15.07.71
1980	15.17	Pierino PAMPURI, 56	VIRTUS Locarno	Locarno	30.08.80
1985	15.91	Alain VETTERLI, 62	USA Ascona	Landquart	07.08.85
1990	16.06	Alain VETTERLI, 62	USA Ascona	La Chaux-de-Fonds	19.09.87
1995	16.06	Alain VETTERLI, 62	USA Ascona	La Chaux-de-Fonds	19.09.87
2000	16.06	Alain VETTERLI, 62	USA Ascona	La Chaux-de-Fonds	19.09.87
2005	16.15	Samuele DAZIO, 75	VIRTUS Locarno	Wil	26.05.01
2010	16.15	Samuele DAZIO, 75	VIRTUS Locarno	Wil	26.05.01
2015	16.15	Samuele DAZIO, 75	VIRTUS Locarno	Wil	26.05.01
2020	16.15	Samuele DAZIO, 75	VIRTUS Locarno	Wil	26.05.01

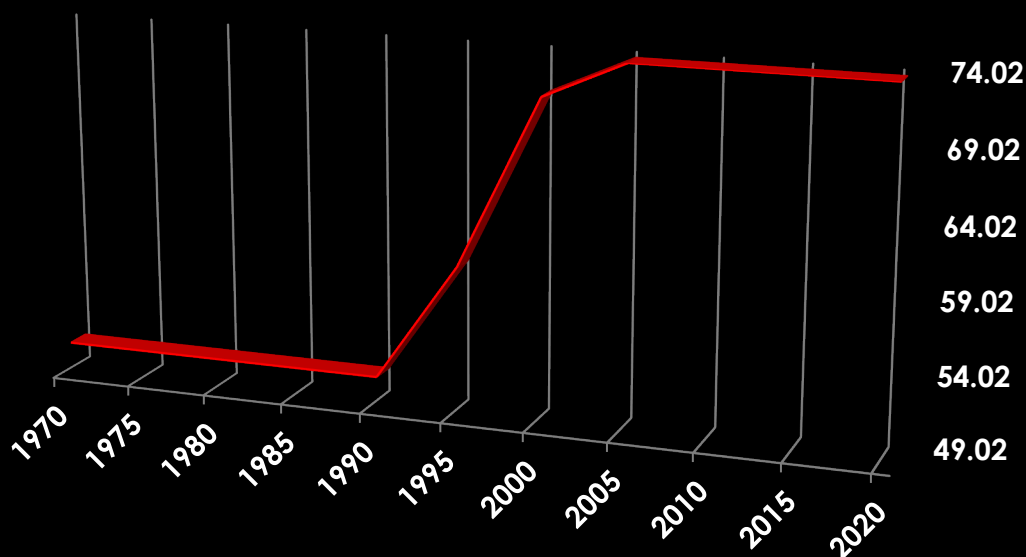
50° FTAL ogni lustro il suo primato



disco m

1970	47.18	Adalberto GUGGISBERG, 47	VIRTUS Locarno	Lugano	27.09.69
1975	47.18	Adalberto GUGGISBERG, 47	VIRTUS Locarno	Lugano	27.09.69
1980	49.18	Michele RUEFENACHT, 59	USA Ascona	Ascona	08.10.83
1985	49.18	Michele RUEFENACHT, 59	USA Ascona	Ascona	08.10.83
1990	49.18	Michele RUEFENACHT, 59	USA Ascona	Ascona	08.10.83
1995	49.18	Michele RUEFENACHT, 59	USA Ascona	Ascona	08.10.83
2000	49.18	Michele RUEFENACHT, 59	USA Ascona	Ascona	08.10.83
2005	49.50	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	18.09.04
2010	49.50	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	18.09.04
2015	49.50	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	18.09.04
2020	50.51	Gian VETTERLI, 00	USA Ascona	Bellinzona	30.08.20

50° FTAL ogni lustro il suo primato



martello *m*

1970	51.20	Bruno NIGRA, 41	USA Ascona	Lugano	28.06.70
1975	51.20	Bruno NIGRA, 41	USA Ascona	Lugano	28.06.70
1980	51.20	Bruno NIGRA, 41	USA Ascona	Lugano	28.06.70
1985	51.20	Bruno NIGRA, 41	USA Ascona	Lugano	28.06.70
1990	51.20	Bruno NIGRA, 41	USA Ascona	Lugano	28.06.70
1995	59.48	Samuele DAZIO, 75	VIRTUS Locarno	Bellinzona	27.05.95
2000	71.40	Samuele DAZIO, 75	VIRTUS Locarno	Lucerna	13.05.99
2005	74.02	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	15.09.01
2010	74.02	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	15.09.01
2015	74.02	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	15.09.01
2020	74.02	Samuele DAZIO, 75	VIRTUS Locarno	Locarno	15.09.01